

## SELF-DEVELOPMENT WORKSHOP

At NWCFO, we are Certified Practitioners of Personal Analysis—a personality assessment that provides insights into how people communicate, make decisions, process information and do their best work. In addition to individual Personal Analysis profile reviews, we facilitate interactive workshops that empower individuals and teams to increase self-awareness, improve communication and create the right conditions to thrive.

“ Personal Analysis not only helped our executive team work together more effectively, it showed us how to leverage our unique differences to become even stronger. Becoming more aware of ourselves and others on the team has increased collaboration and improved overall communication.”

Paul, CEO



Depending on your needs and desired outcomes, we custom-design your individual or group workshop where you can choose from:

- Self-study + an online session focused on the overview of the Personal Analysis system, individual or team profile deep-dive, and understanding how personal styles impact performance, communication and decision-making
- Individual Personal Analysis reviews + an online session with similar content followed by practical application homework
- Advanced training including all of the above + practice, role-play and integration over multiple sessions
- Optional business problem solving, hiring assistance, change management or succession planning
- In-person delivery is an option for all of the above (with additional travel costs)
- For individuals or groups of 4-15 participants
- **Results:** greater self-awareness, effectiveness and resilience, improved team communication and cohesion
- Starting at \$700, customizable to fit your needs and budget

**Contact us today to explore how we can help your business thrive.**

For more information, visit [nwcfo.com](https://nwcfo.com), email [info@nwcfo.com](mailto:info@nwcfo.com) and follow us on [LinkedIn](#), [Facebook](#) and [Instagram](#).

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